

# DRR Training for Education Managers and School Heads of NMDs



**School Safety Cell, Directorate of Elementary and Secondary Education KP**

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**SCHOOL SAFETY CELL**  
DIRECTORATE OF ELEMENTARY AND SECONDARY  
EDUCATION KHYBER PAKHTUNKHWA

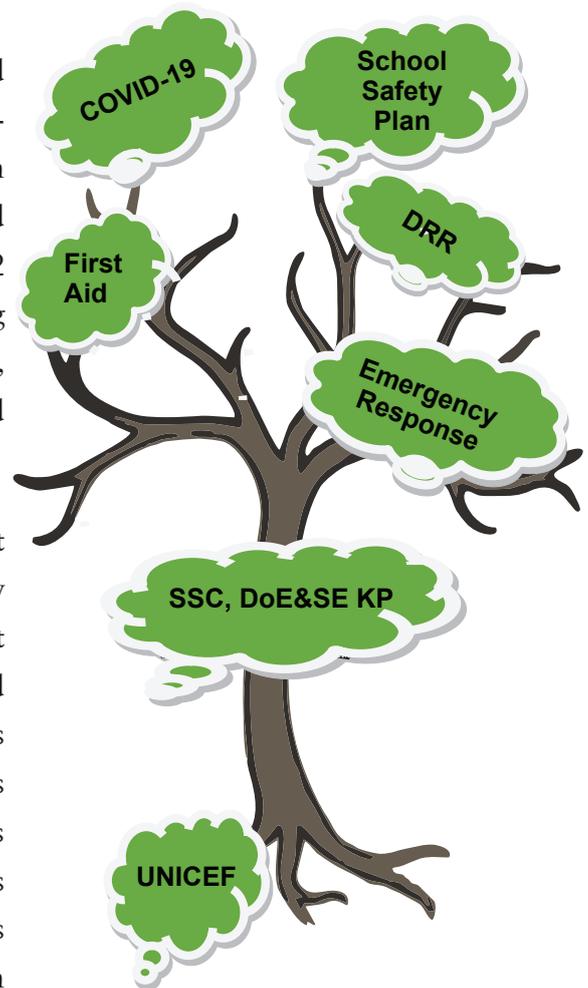




## NARRATIVE SUMMARY

School Safety Cell, Directorate of Elementary and Secondary Education Khyber Pakhtunkhwa organized 4-days training on Disaster Risk Reduction for Education Managers followed by 3-days training for School Head Teachers of Newly Merged Districts. A total of 102 Education Managers (Male:88, Female: 14) including Additional Director, Deputy Director, Assistant Director, DEOs, Dy. DEOs, ADEOs, ASDEOs and 589 School Head Teachers (Male: 316 and Female: 273) were trained.

The 4-days training comprised on different themes; first two days of the training focused on DRR and School Safety Plan, Similarly, the third day absorbed different perspectives of COVID-19. While the 4th day emphasized on First Aid and Emergency Response by our partners PRCS and Rescue 1122. Each of the participant has developed School Safety Plan. These Education Managers will develop SMDC and will conduct Mock Drill exercises in their respective district circles. The first day activities consist of introduction of the participants, brief discussion about purpose of the training, terms and concepts of the disasters and 8 steps journey towards disaster management.



## INTRODUCTION

Disasters in Pakistan have witnessed some of the greatest disasters in its history in the past decade. Khyber Pakhtunkhwa in common and Newly Merged Districts (NMDs) in particular not only exposed to man made threats but Earthquakes, flash/ riverine floods, extensive rains and other associated disasters have been a regular feature to endanger the lives of local people. Vulnerability dynamics in NMDs are mountainous topography, non-engineered school structure, prone location of schools, and lack of capacities at local and institutional level. No early warning system is in placed in either district of NMDs neither at District Education office level nor at school and circle level.

In the after mentioned context, School safety Cell of Directorate of E&SE, Khyber Pakhtunkhwa with the Technical and Financial support of UNICEF scheduled 4-days training on DRR for Education Managers of NMDs while adopting the modalities to the specific local context of the target districts.

### OBJECTIVES

The objectives of the 4-days training are,

- To enhance the capacity of Education Managers on Disaster Risk Reduction;
- To aware the Education Mangers from vulnerability of schools in each district;
- To guide the trainees on how to develop school Safety Plan including Mock Drill Exercise, School Disaster Management Committee (SDMC) and school continuity plan;
- To strengthen the coping capacity of Education Managers how to play role in case of emergency response;
- To guide the participants on basic concepts of school sanitation and Hygiene Education;
- To sensitize them on role of Social Distancing in COVID-19 and its implementation at school

### TRAINING CONTENT

The main training contents are:

#### DRR

- Basic Concepts of DM
- School Safety Plan

#### COVID-19

- School Sanitation and Hygiene Education
- Social Distancing and Strategies to ensure it.

#### First Aid & Emergency Response

- Basic First Aid
- Fire
- Evacuation
- Emergency Response



## TRAINING METHODOLOGY

Training methodology consist of:

- Lectures
- Multimedia Presentations
- Brainstorming
- Question and Answer
- Open Discussion
- Group Work
- Mock Drills to Enhance the Skills and Knowledge of the Trainees

## SHORT DETAILS OF TRAINING PARTICIPANTS

In this 4-days training a total of 102 participants are trained both from Provincial and District offices, Directorate of Elementary and secondary Education KP.



## PROCEEDINGS OF 4-DAYS TRAINING

Each day of the training started with the recitation of Holy Quran, introduction of the trainees and School Safety Cell (SSC). The participants were then informed from the objectives of training and responsibilities. Similarly, in each round training norms were developed with the support of participants. In Each day the training has separate topics and the agenda is attached in **Annexure-A**.

## HIGHLIGHTS OF DAY-1

Day-1 of the training started with the name of Almighty Allah followed by the below mentioned activities as per agenda

- Introduction of participants, Master Trainers, facilitators and School Safety Cell.
- Setup training rules and regulation with the help of trainees
- Pre-Test conducted **Annexure-B**
- Basic concepts of Disaster Management including;
- Hazard, Risk, Disaster, vulnerability, capacity and Types
- Disaster Management Cycle
- Group activity “Match the cards” on Basic concepts was conducted
- Presentations were given by the participants
- Mr. Abdul Shakoor Assistant Director E&SE, KP visited the venue and addressed the participants about the importance of DRR training.
- 8 steps journey towards school safety were discussed which are as follow
- Orientation and sensitization of school community
- Formation of SDMC; Conducting Risk Assessment;
- Development of School Safety Plan;
- Developing an education continuity plan;
- Conducting Drills and evacuation simulations;
- Mobilizing the school as Disaster Management Learning Organization;
- Mobilizing the school as a disaster risk community hub;



## HIGHLIGHTS OF DAY 2

Day-2 started with the recitation of Holy Verses of Quran followed by a detailed reflection of day-1 in which all trainees fully participated. The following new topics were covered on day-2 supported by group works and individual presentations,

- Risk assessment
- Hazard matrix
- Historical profile of hazard
- Hazard Calendar
- Group work activities done by the participants
- Presentations were also given by the Participants
- Mr. Hameed Ullah Jan Additional Director (NMDs) visited and monitored the session of DRR round-2 and appreciated SSC team and highlighted the importance of trainings
- Misri Khan Deputy Director (M) Swat also visited the training venue and shared his value able thoughts with participants,

## HIGHLIGHTS OF DAY 3

The day 3 focused on SOPs for safe reopening of schools in response to COVID-19. The following topics were covered on day-3,

- School Sanitation and Hygiene Education
- Social Distancing
- Mental Health and Psychosocial support
- Measures to mitigate the Psychological implications of COVID-19
- The day-3 was monitored by Mr. Hamid Ullah Jan Additional Director (NMDs) and Mushtaq Ahmed Deputy Director Directorate E&SE KP.

## HIGHLIGHTS OF DAY 4

On day-4 two practical demonstration sessions were organized by our partners Pakistan Red Crescent Society and Rescue 1122.

### PAKISTAN RED CRESCENT SOCIETY (PRCS)

As per agenda the first session was conducted by PRCS and practically covered the following topics,

- DRABC
- Choking for adults and Infant
- Wound and Bleeding
- Dressing
- Shock
- Nose Bleeding
- Triage
- Burn
- Fracture

### RESCUE 1122

The Second session was delivered by Rescue 1122 team and covered the following topics,

- Fire and use of Fire extinguisher
- Bomb Blast
- Safe Evacuation
- Search and Rescue
- Active shooter

GLIMPSES







**PRE TEST**

Q1: What is Disaster?

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Q2: What is a Hazard?

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Q3: What is Risk?

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Q4: What is Vulnerability?

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Q5: What is Capacity?

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Q6: What is School Safety?

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Q7: What is School Based Disaster Risk Management (SBDRM)?

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Q8: Write down main steps of Risk Assessment?

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Q9: Write down eight step journey of school disaster management?

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Q10: Define School Disaster Management committee and its role?

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Q 11: How to develop School Disaster Management Plan? Write down main steps

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Q: 12: How to develop District Disaster Management Plan? Write down main steps

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Q: 13: How to develop an Education Continuity plan?

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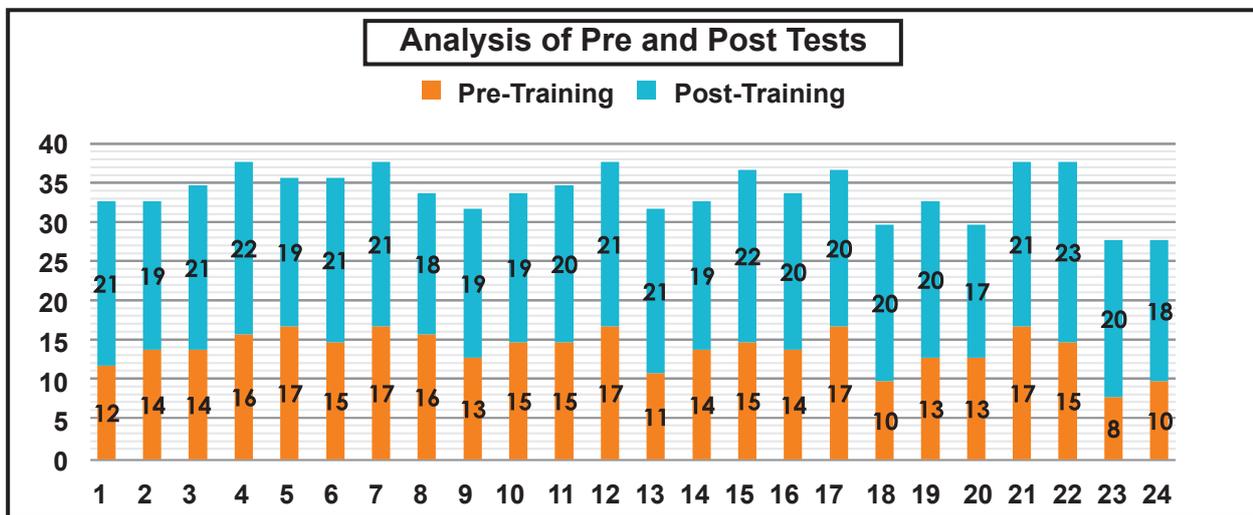
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## ANALYSIS OF PRE AND POST TESTS

Total marks are 24 and 24 Participants are selected from each round. Results of Pre- and Post-Training Assessment shows improvement in knowledge.

PARTICIPANTS	PRE-TRAINING	PRE-TRAINING
1	12	21
2	14	19
3	14	21
4	16	22
5	17	19
6	15	21
7	17	21
8	16	18
9	13	19
10	15	19
11	15	20
12	17	21
13	11	21
14	14	19
15	15	22
16	14	20
17	17	20
18	10	20
19	13	20
20	13	17
21	17	21
22	15	23
23	8	20
24	10	18
<b>Total</b>	<b>338</b>	<b>482</b>
<b>Average</b>	<b>58.68%</b>	<b>84.00%</b>



ANNEXURE

4 days Training on Disaster Risk Reduction (DRR) for Education Managers of Newly Merged Districts (NMDs) Khyber Pakhtunkhwa

پہلا دن

نمبر شمار	سیشن	دورانیہ	دیگر
01	تعارفی سیشن (تلاوت، پری ٹیسٹ، باہمی تعارف، تربیت کے مقاصد)	09:00 سے 10:00 بجے	
02	بنیادی اصطلاحات	10:00 سے 11:30 بجے	پریزینٹیشن (01)، گروپ ڈسکشن،
03	چائے کا وقفہ	11:30 سے 11:45 بجے	
04	عملی سرگرمی (Match the cards)	11:45 سے 01:00 بجے	ہینڈ آؤٹس
05	کھانے اور نماز کا وقفہ	01:00 سے 02:00 بجے	
06	سکول انتظام آفات کی جانب آٹھ مراحل کا سفر ((Eight Step Journey)	02:00 سے 03:30 بجے	پریزینٹیشن (02)، گروپ ڈسکشن،
07	اعادہ، سوال و جواب، فیڈ بیک فارم	03:30 سے 04:00 بجے	

دوسرا دن

نمبر شمار	سیشن	دورانیہ	دیگر
01	تلاوت، پہلے دن پر ایک نظر، اعادہ	09:00 سے 10:00 بجے	پریزینٹیشن
02	سکول انتظام آفات منصوبہ (خدشات کی تشخیص، خطرات کا ٹیبل، تاریخی جائزہ)	10:00 سے 11:30 بجے	پریزینٹیشن (03)، گروپ ڈسکشن،
03	چائے کا وقفہ	11:30 سے 11:45 بجے	
04	سکول انتظام آفات منصوبہ (غیر محفوظ مقامات، نتائج کا خلاصہ اور اقدامات، دفاعی صلاحیت)	11:45 سے 01:00 بجے	پریزینٹیشن (03)، گروپ ڈسکشن،
05	کھانے اور نماز کا وقفہ	01:00 سے 02:00 بجے	
06	سکول انتظام آفات کا منصوبہ (گروپ ورک)	02:00 سے 03:30 بجے	
07	فیڈ بیک فارم، پوسٹ ٹیسٹ،	03:30 سے 04:00 بجے	

تیسرا دن

نمبر شمار	سیشن	دورانیہ	دیگر
01	تلاوت، تیسرے دن پر ایک نظر، اعادہ	09:00 سے 10:00 بجے	پریزینٹیشن
02	سکول کی سطح پر صفائی اور حفظان صحت کی تعلیم	10:00 سے 11:30 بجے	پریزینٹیشن، گروپ ڈسکشن،
03	چائے کا وقفہ	11:30 سے 11:45 بجے	
04	سماجی فاصلے (سکول کی سطح پر حفظان صحت کے رویے کی نگرانی)	11:45 سے 01:00 بجے	پریزینٹیشن، گروپ ڈسکشن،
05	کھانے اور نماز کا وقفہ	01:00 سے 02:00 بجے	
06	ذہنی صحت اور نفسیاتی مدد	02:00 سے 03:30 بجے	
07	COVID-19 کے نفسیاتی اثرات میں تخفیف	03:30 سے 04:00 بجے	



### چوتھا دن

دیگر	دورانیہ	سیشن	نمبر شمار
پریزینٹیشن	09:00 سے 10:00 بجے	تلاوت، دوسرے دن پر ایک نظر، اعادہ	01
PRCS	10:00 سے 11:30 بجے	ابتدائی طبی امداد	02
	11:30 سے 11:45 بجے	چائے کا وقفہ	03
RESCUE 1122	11:45 سے 01:00 بجے	تلاش، بچاؤ اور ایمرجنسی ریپانس	04
	01:00 سے 02:00 بجے	اسناد کی تقسیم، گروپ فوٹو، اختتامی تقریب	05
	02:00 سے 03:30 بجے	کھانے اور نماز کا وقفہ	06

FEEDBACK AND EVALUATION TOOL

فیڈ بیک اور تشخیص کا ذریعہ

اجلاس نمبر.....

تاریخ.....

آپ کی حیثیت.....

1- میں نے آج کی تربیت کے بارے میں کیا پسند کیا؟

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2- کس چیز کو میں نے پسند نہیں کیا اور اسے بہتر بنانے کی ضرورت ہے؟

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3- آج کے دن نے میرے لئے کون سے سوالات اور مسائل چھوڑے ہیں؟

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4- میرے دیگر تبصرے

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آپ لوگوں کا تہہ دل سے شکریہ

توجہ: برائے کرم اپنے نام کا ذکر نہ کریں۔ اس چارٹ کو گم نام ہی رہنے دیں۔